

**Help underprivileged school children in Kenya
to get healthy food
with a yearly donation.**

100 % of your donation goes to food

**HEALTHY MEALS CAN CHANGE
THE FUTURE OF A CHILD
UNDER THE POVERTY LINE IN KENYA**

HUNGER: CHILDREN left behind

A newly published UN-REPORT, which gives the status on the UN goals set for the world for 2030 conclude that hunger is growing. The world is not on track to end extreme poverty by 2030, mainly because progress is being undermined by the impact of extensive climate changes. In the report it is said, that we are facing huge problems and there are overwhelming challenges in this area all over the world. The hunger problem is accelerating, inequality is rising and too many children are left behind, these are realities all over the world. One of the places is Africa - here a much deeper, faster and more ambitious response is needed to avoid a tragedy.



CHILDREN in Kenya - Nutrition and health

In Kenya you really witness a growing and threatening catastrophe, among other dimensions caused by dramatic climate changes - a tragedy for the earth, the animals, the plants and of course for human beings and their children. The importance for life in Africa is the crucial rainy seasons which have totally lost their rhythm. Sometimes it is raining too much and extremely heavily causing water

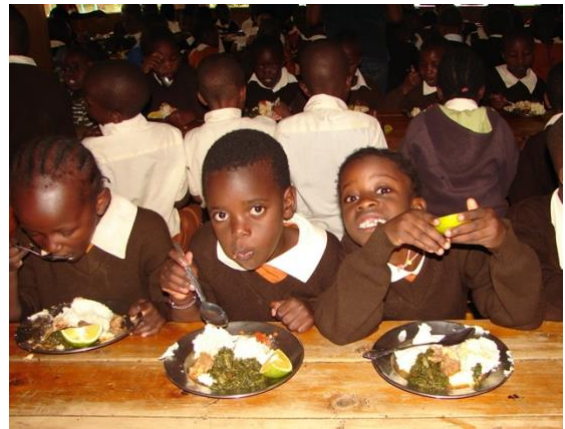
flooding all over the fields, totally ruining the plants and seeds; other times absolutely not a drop over many, many months and you see dusty, grey landscapes full of deep cracks in the surface of the soil - dead cattle are lying on the earth, nothing can grow. This whole unpredictable situation gives unmanageable long-term consequences for the future, for the whole culture, for agriculture production, for water resources, for hunger problems, and many more consequences we cannot foresee. The short term consequences are easy to see: less food, a dramatic increase of prices and rationing of water gives a lot of daily struggles for the people. All this together with a very high inflation in Kenya - hunger and poverty are realities for many, many underprivileged Kenyans. In Kenya up till 45 % of the population is living under the international poverty line. It means living for under USD 1,90 per day. Fear for the future is growing - a descending curve, which first of all will have consequences for their children.

CHILDREN at The Rudolf Steiner School Mbagathi in Nairobi

In this whole threatening scenario it has been a huge task for the Mbagathi School, the Rudolf Steiner School in Nairobi, Kenya, to feed all the 350 school children with two warm healthy meals every day, over the past 30 years, since the school started. These meals at the school are

crucial for the healthy development of the children; most of the children come from families where it is a daily struggle to feed themselves. The families are extremely poor and underprivileged living in slum areas with huge problems such as violence, assaults, alcohol problems, drugs and crimes. Many of the children at the school are orphans or homeless living their whole childhood without human care and security. All the children are extremely vulnerable. The whole idea to offer healthy meals is fundamental to educational work with the underprivileged children. No food – no learning. But it has over the years been a very huge challenge and burden for the school to finance this task - even becoming much more difficult in this unforeseeable climate situation. The children get a thin millet-porridge in the morning and a warm meal with ugali, rice, vegetables and a little bit of fruit every day. Through the help of donations the school kitchen has a big fire cooker, where the food is prepared.

The Mbagathi School has through all the years been struggling to maintain a sustainable farm and a school garden on the school compound, and the garden is producing many vegetables for the children's meals: carrots, beans, onions, lettuce and some more African vegetables. The school has 8 cows producing fresh milk, but feeding the cows is a huge problem when the land is dry. Over the last few years the farm has developed into biodynamic farming, it is a demanding task under the circumstances. The school is trying to fundraise for a new development of the farm with a new drip system, a new water-tower connected to solar energy and a new cowshed for the cows.



Donation

To continue to offer food to the children we need continuous support. We ask for a yearly donation to help us to handle the situation. The amount needed for the two meals for the 350 children and the 45 teachers and co-workers, plus an evening meal for the 120 boarding children is **TOTAL 49.000 Euro pr. year, it means around 0,5 Euro pr. child pr. day.**

The Danish co-working organization is Sanduko. We are a Danish aid organization, aiming to help underprivileged children to get schooling. We especially support kindergartens – and school initiatives, who work out of Waldorf education of Rudolf Steiner. They represent a school movement growing all over the world with around 1200 schools and even more kindergartens all over the world in more than 70 countries. Sanduko is a Danish NGO working on a volunteer basis, and all the donations are 100% channeled to the projects.

If you are you interested in knowing more please contact:

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